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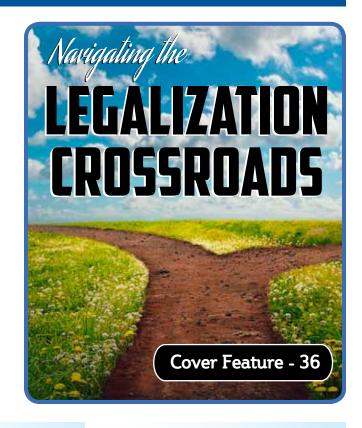


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NOTES

October was a crazy month for the MMJ Community. Great events in the movement brought joy to all and controversial changes in marijuana law reform have many confused and concerned.

First, I want to thank all those who participated in the 10th Michigan Medical Marijuana Conference in Ann Arbor last month. Another great event, where patients and caregivers were able to come together to learn and connect with others in the industry. Unlike *High Times*, these Michigan events are much more medically oriented and wasn't for the typical 420 crowd. Our next event will be next year in Grand Rapids.



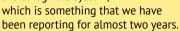
If you didn't go to the Dab-O-Ween Party at the new home of the Green Union in Mt. Morris then you really missed out. Dubbed as the "Bury the Hatchet" party, and hosted by our friend Captain Kirk the event was a huge success. Many past grudges and infighting was put aside for this free

event. Kirk went on to say that he

was proud of being able to get Jamie, Rick and Ben all in the same room and there was no fighting or rehashing of the

past. There was over 400 in attendance all having of good clean fun.

Throughout all the events and activities, the dark cloud of the changes to the caregiver system brought upon by HB 4209 was in everyone's minds. Everyone now sees that the NPRA has sold out the caregivers system,



The MMM Report officially opposes these new changes to the dispensary bills and has donated to MI Legalize. Hopefully legalization will come soon and Michigan farmers won't be sold out. We are asking everyone to do their part and call you senator. (please see page 25 for a list of Michigan Senators and their contact info).

Get involved, and help us spread the straight dope about medical marijuana and legalization in Michigan.

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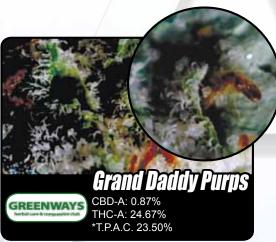
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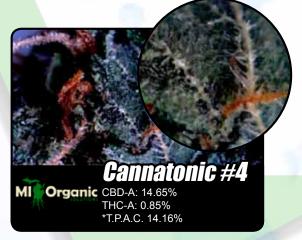
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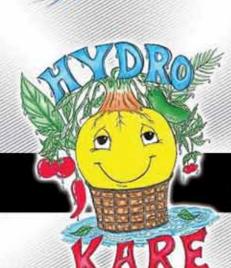
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Michigan News by MMMR Staff



Warren Mayor Proposes Registration Requirements

WARREN: Some concerns from residents in Warren have prompted Mayor Jim Fouts to propose regulations which would require registration as well as dictating where medicine can be grown, how it is transported, and even controls on odor. According to the Detroit Free Press, Fouts acknowledges the bills currently going before the Senate but says his proposal would "control the whole aspect of medical marijuana growing in neighborhoods". The mayor was already working on the ordinance when a home explosion in the city, caused by an irresponsible marijuana extraction, fueled the concerns of residents. While many see the idea as an unprecedented level of intrusion, others believe marijuana can change the face of communities and regulating it only makes sense. Comments on the proposal will be heard at a City Council meeting on November 10th.



Komorn and Act Labs Take On the MSP's Forensic Science Division

Ken Stecker has been using case law from Caruthers and instructing the prosecutors and technicians in Michigan to define extracts and edibles as synthetic THC, instead of marijuana or medical marijuana infused products.

Charges made against patients have been elevated and protections under the medical marijuana have been stripped using this policy. In documents discovered through freedom of information act:

Scott Penabaker, a forensic scientist at MSP's Northville Laboratory, wrote:

In order to place the actual compound THC in schedule 1, the criteria of "synthetic equivalent" should be met. Since we really can't do this, there are many of us who feel that these new evidentiary materials containing THC without any botanical morphology characteristics (candy, butter, etc.) should be identified as resinous extracts of Marihuana.

If you are to call it "THC," at a minimum, a statement should be provided in the additional information stating that the "origin, whether naturally occurring or synthetic, could not be determined." Also, by going out on that limb and calling it THC, you now jump from a misdemeanor to a felony charge.

We're bringing this up because there seemed to be some concern about uniformity in making these calls. Further, it is highly doubtful that any of these medical marijuana products we are seeing THC that was synthesized. This would be completely impractical. We are most likely seeing naturally occurring THC extracted from the plant!

Kormorn law has secured Jeff Frazier, to argue a motion to have lab tests that have been used against patients and caregivers thrown out. This could have huge implications as to the legality of edibles and caregivers that have been in the grey area of the MMMA.



Marijuana Pumpkin Patch Leads to Meth Lab Arrest

READING: When police in Reading showed up to arrest a 26 year-old man on an outstanding warrant they observed some marijuana plants growing in his pumpkin patch. This find prompted the officers to get a search warrant for the residence. While searching, the detectives discovered an illegal marijuana grow operation as well as a functioning meth lab. Two men were arrested for possession as well as manufacturing.



Two More Michigan Communities Approve Pot Proposals

KEEGO HARBOR, PORTAGE: The decriminalization measure in Oakland County's Keego Harbor passed by a vote of 260-210. This new law will allow for the use, possession, and transfer of up to one ounce of cannabis on private property for people 21 years old and up. The ordinance in Portage is similar, and won by 139 votes. Voters passed the amendment in a 5,500 to 5,361 vote victory. While still illegal under state law, these laws are more symbolic, yet highly indicative of the shifting views toward marijuana in Michigan.

With the passage of theses amendments, Portage and Keego Harbor join the more than 15 cities in the state that have decriminalized marijuana since 2010. While some are saying that not much will change due to the plant still being illegal under state and federal laws, many cannabis activists are confident that decisions like these keep the conversation alive in not only Lansing, but puts pressure on Washington D.C. as well.



Dispensary Licensing in the D

DETROIT: An ordinance passed by a 6-1 vote this month approved strict licensing requirements for the medical marijuana centers in the city. The opposing vote came from President Pro Tem, George Cushingberry, who said he wanted to propose amendments to the ordinance and felt that voting on something that will affect thousands of people was a rush to judgment.

Other members of the Council felt the change was long overdue and the residents of Detroit deserve an answer to their concerns. The proposal for licensing was introduced with a zoning ordinance, which was not voted on. The City Planning Commission will discuss the zoning ordinance later this month, and could vote on it in late fall. The licensing ordinance can't be published until zoning has also been approved.

The ordinance would limit hours, impose inspections and licensing requirements, as well as banning drive-thru windows. The new law will also specify where dispensaries can be located. Some residents of the city are circulating a petition urging the council to prevent marijuana businesses from opening while the news laws are pending. Many feel that the area is becoming too congested with pot shops popping up next to, and across from one another. Others feel the proposals should be delayed until more discussion and education can take place.



Regulation Bill Passes in the House

LANSING: Earlier this month, bills passed in the Michigan House of Representatives that would regulate the production and

sale of medical marijuana in smokable and non-smokable forms. The House passed a similar bill last year but it stalled in the Senate. These new bills allow for the sale of edibles and oils, which are a gray area in the current medical marijuana laws. The legislation will also put a 3% excise tax as well as the states 6% sales tax on all medical marijuana sales, which will be tracked from seed to sale.

Communities would be able to decide whether they want marijuana businesses in their area and five categories of regulated medical marijuana businesses would be created. The categories would be separately licensed and subjected to fees determined by the Licensing and Regulatory Affairs Department. Licenses will be granted to growers, processors, dispensaries, testing facilities, and transporters. While most advocates are in favor of the new bills, some are highly opposed to the excise tax. Rep. Jeff Irwin says other forms of medicine aren't taxed by the state and medical marijuana should be no exception, but he believes the news bills are a fair compromise.

Supporters of the tax said the taxes are needed to cover the cost of implementing the bill and setting up the seed to sale tracking system. It does seem important to note that if marijuana is on the 2016 ballot and becomes legalized the excise tax will go away.

Stop in and sign the petition to legalize!

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Tribal Marijuana Resort

SOUTH DAKOTA: The Flandreau Santee Sioux reservation has begun growing it's 65 strains of plants in hopes of producing 80 pounds of pot in 14 weeks, in preparation for the New Year's Eve opening of the first of its kind resort. The tribe is hoping to sell 80 pounds weekly at its smoking lounge and entertainment resort just south of their casino. The Sioux are renovating an old bowling alley on the reservation, and are attempting to turn it into a club atmosphere with food, drinks, live music and perhaps some slot machines.

While the club will be within a block of the tribe's casino, restaurants, and hotel, tribal officials are making sure to let visitors know the lounge building will be the only place on the reservation where buying and consuming marijuana will be tolerated. While the reactions have been mixed, one immediate impact is that the tribe has severed its joint police force with the city, forming their own police force on the reservation with about 5 officers. The tribe is also offering a separate building for people who need marijuana for medical purposes and will also treat children with non-psychoactive oils, with a doctors recommendation and parental consent, at the resort. The tribal leaders emphasize the many safe-quards put in place to keep children from obtaining marijuana, which incudes heavy security at the growing facility and the tribal police force which will be active 24 hours a day.

They also hope to ease fears about intoxicated drivers by having a near-by hotel and offering shuttle buses, similar to those offered for gambling trips. Much like drinking at a bar or casino, the leaders plan to carefully monitor the consumer's intake and "cut them off" if they over-indulge. The opening is only a few months away, the leaders are hoping the revenue will not only benefit the tribe but also the town.





First Medical Marijuana Dispensary in Metro East

ILLINOIS: HCI Alternatives will be the first dispensary in Collinsville to open its doors by the end of the year. The dispensary, one of two that will be in the area, is within a few hundred feet of the Illinois State Police headquarters. This was done intentionally according to HCI Alternatives' Security Director, Scott Abbott. The proximity to the station shows how seriously the business feels about security. He explains that all entrances leading to restricted areas as well as the dispensary will have bullet proof glass. Abbott was an Illinois State Police Officer for 20 years and was originally opposed to the idea of a dispensary saying, "there are so many drugs and so much abuse with it, the last thing we need is more drugs."

However, after meeting with patients in Colorado and doing a little research himself, he changed his views. One doctor who hands out referrals for the medication points out the patients "we're seeing aren't out of a Cheech and Chong movie, they're mothers, fathers, grandparents, and professionals that are desperate for alternative treatment." According to the state, women ages 51-60 make up the majority of qualifying patients with the most common condition being fibromyalgia, followed by cancer. HCI Alternatives plans to open the day after the state signs off on their license, which should be before the end of the year, and will be selling the types of products dictated by their consumers needs. The second dispensary in the area will open in late January.





The Buckeye State Rejects Legalization

OHIO: In a clear-cut 64% to 36% decision, Ohio has voted against the legalization of cannabis. Known as "Issue 3" on the ballot, citizens of Ohio chose to not accept this proposed new law. While at first this may seem as a defeat to the movement, a closer inspection reveals exactly why this particular legalization effort failed.

First, the proposal would have created a state-run monopoly on the production and distribution of the herb, limiting any cultivation to just 10 approved properties within the state. Most of the marijuana activist groups in Ohio were against this idea from the start, and remained vocal about it during the entire campaign.

Secondly, of the four states that have decriminalized recreational marijuana, all of them had some kind of medical marijuana provisions on the books prior to the decision to go full legal. It would seem as if medical marijuana laws tend to help 'break the ice' when it comes to changing the public perception of cannabis. Issue 3 skipped this concept entirely.

Other factor at work is the common trend of voter turnout being typically low on odd-numbered years. Usually when something big is going to happen, it happens on even numbered years, when congressional seats are up for grabs, and especially during presidential elections.

One more problem with Issue 3 was the failed attempt of its advocates at creating appeal to the initiative, when they revealed their cartoonish mascot, "Buddie" (pictured left). Intended to help the cause, the plan backfired as pro and anti-marijuana groups alike chided the absurd character for appealing to children, criticizing the strategy for turning a serious issue into a joke. Buddie received public ridicule from the national media, and was the subject of many guips from late night talk show hosts.

However, the effort in Ohio has not stopped. National Cannabis Industry Association executive director Aaron Smith said in a statement after Tuesday's vote: "This debate has shown that there is a strong base of support for legalizing, taxing, and regulating marijuana. Now the foundation has been laid for a potential 2016 effort that would put forward a more common-sense initiative and have a major impact on the presidential conversation in the process."

Where to Stash the Cash?

COLORADO, OREGON, & WASHINGTON: According to Colorado's Department of Revenue, sales of marijuana in the state pulled in a total of \$100.6 million in August alone. In Washington, income from recreational sales were down in August compared to previous months with only \$31.1 million, but the state is still expected to pass the \$100 million mark by the end of the year. Oregon's recreational sales began earlier this month and have already brought in around \$11 million. Colorado is well on it's way to hit the \$1 billion mark alone this year but the three states combined will most definitely surpass that number.

So thhe question becomes: Where to put the cash? Apprehensive to violate federal laws, only 220 of more than 7,600 banks and credit unions in the country accept money being brought in from marijuana sales, according to the U.S. Department of Treasury. Many businesses are now spending tens of thousands of dollars for security to protect their cash.

Senators Ron Wyden and Jeff Merkley of Oregon, recently introduced a bill that would give legal businesses access to banking services. Another, similar bill was introduced in the House, and both bills have been referred to subcommittees for review. However, while that long process takes place, some private organizations are trying to help. Until a permanent solution is found, many legal businesses find themselves with hundreds of thousands of dollars, which otherwise would've been going to drug cartels and dealers, and no place to store it.



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World News by Rachel Bunting



Kiwi Cannabis Party Declares: Raw Cannabis is a Human Right

NEW ZEALAND: The Cannabis Party in New Zealand firmly believes that access to raw cannabis should be a human right for medical patients. Party leader Julian Crawford stated, "In the 23 states of the US where raw cannabis is legal for medical use, it has proven to be superior to isolated cannabinoid extracts. However, for non-pharmaceutical cannabis products to be considered in New Zealand. the patient would have to be on their death bed. This violates the Human Rights of thousands of people who are in pain or suffering daily but do not have a terminal illness." The cannabis party's policy would allow patients and caregivers to grow the medicine, and patients would be able to purchase it from medical

A Stench on the Streets of Dublin

IRELAND: As Garda Patrick Martin conducted his routine patrol down Aungier Street, he picked up a strange scent. Following his nose into an apartment building, the officer could hear the distinct sound of running fans. Gda Martin left and quickly returned with a warrant. He forced his way into the apartment and found 30 year old Sebastian Charyzynski sitting in his living room with 45 marijuana plants in a specialized tent next to him. The tent had a large air duct leading to open windows in the home. carrying the strong odor out to the street. In separate room Gda Martin found another 51 plants, which had an appropriate ventilation system.

Charyzynski claimed that he had been using the drugs for medical problems which resulted from a car accident in 2010. The Judge presiding decided as there was no evidence of the drugs being prepared for distribution or a profit being made from drug dealing it would be unjust to put the man in jail. He instead sentenced Charyzynski to 4 years in prison which is suspended in full with strict conditions.





Making Medicine More Effective

JAMAICA: Recently, the island country of Jamaica changed its laws and made cannabis a legally recognized therapeutic remedy as well as a legal focus of study. As a result of this change, Citiva Medical, a research company that

specializes in safe and effective marijuana-based products, has established a partnership with the University of the West Indies (UWI). Their plan is to identify which combinations of cannabinoids are effective at treating specific diseases and symptoms. According to the founder and CEO of Citiva, Josh Stanley, they hope to begin to understand how and why cannabis is effective at treating various diseases. A local subsidiary, Citiva Jamaica LLC, has been created by Citiva with the sole purpose to focus on developing medical marijuana research and production markets in Jamaica.

Stanley held an informational session over the summer; he introduced the expert research team and explained their goals. As part of the research, Civita has promised the Diabetes Association of Jamaica it will also focus on the medical benefits of cannabis in type 2 diabetes. It has also formed a partnership with the Jamaica Epilepsy Association and is seeking to provide cannabinoid treatment to every child suffering from the debilitating condition on the Island.



Medical Pot for Croatia

CROATIA: The first Balkan country has legalized marijuana for medical use. Patients will be able to buy and use THC to treat serious illnesses in Croatia. The health ministry decided to proceed with the medical legalization process in January but doctors were unable to begin prescribing medicine, teas, and ointments containing THC until October 15th. Under the new law patients can receive up to .75 grams of THC per month. Currently Croatia does not manufacture any marijuana products so the health ministry will allow local companies to import medical cannabis products.

Helping Those with Debilitating Illnesses

AUSTRALIA: According to VICE News, Health Minister Sussan Ley released a statement this month announcing that the parliament will begin debating a revised law. The revision is to a current law which provides for alternative treatment for people with debilitating illnesses. The announcement came shortly after the state of Victoria began to create the legal framework for medical marijuana, in which statewide sales will begin before 2017. Ley said, "This government is incredibly sympathetic to the suffering of those Australians with debilitating illnesses, and we want to enable access to the most effective medical treatments available." Victoria will be the first Australian state to allow the manufacture and sale of products containing THC. While recreational use will remain illegal, access to medical marijuana will be available to children suffering from epilepsy.



Tunnel of Pot

MEXICO: One of the longest cross-border tunnels between the US and Mexico was discovered this month. The path, which was about 2,400ft long and 30ft deep, connected warehouses in San Diego, California and Tijuana, Mexico. Like many of the sophisticated tunnels near the border, it was lit, ventilated, and had a rail system. Police set up a sting operation from both openings of the passage after an undercover agent for the US set up the smugglers by agreeing to provide them with drivers and use of a warehouse in exchange for money. The raid resulted in 22 people being arrested and 12tons of marijuana being seized.





Legal Vaping in the UK

UK: The first legal vape pen is being sold to medical patients in the United Kingdom. While marijuana in its traditional form is illegal, the new MediPen e-cigarette is packed with cannabidiol, commonly called CBD, which is legal. The pen contains no THC, and therefore has no psychoactive effects. The oil contained in the vaporizer is made from high-grade Dutch CBD oil mixed with coconut oil. About 30 users have reviewed the MediPen, and nearly all gave it a five-star recommendation for treating their ailments, which range from irritable bowel syndrome and skin conditions, to fibromyalgia and depression. Since studies have been continuously showing CBD oil to have an extreme relaxing and healing effect, many patients are hailing it as the new miracle treatment.







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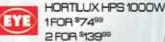
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by Ben Horner

What is worse then mites and powdery mildew? Law enforcement, legislators, lobbyists and investors want to take away your right grow and transfer cannabis. Michigan Growers, its time to expand your growing skills outside of the garden. Ever since medical marijuana has been enacted into law, more and more people have become cannabis growers. Hundreds of grow stores have opened in Michigan over the last 5 years to sell us lights, nutrients and other supplies for our grows.

Most growers in the state have been doing so with a patient or caregiver license for medical purposes. They transfer their overages to qualified patients and dispensaries around the state. Others have been doing so for many years prior the passing of MMMA, and will continue to do so illegally. On September 22nd, the House Judiciary Committee passed an amended version of HB 4209, now called the Medical Marijuana Faculties Act. Last year the bills allowed every caregiver to transfer up to 60 ounces every 60 days, now when these bills pass only state licensed growers (Class A 500 plants. Class B 1000 plants, Class C 1500 plants) which must pay an excise tax of 8% and use an armored car transportation service to deliver the raw herb to processing centers and provisioning centers. At the hearing, a spokesperson for the sheriffs association insisted that for the bills to work that the caregivers and home grows should be eliminated.

Many owners of dispensaries, mostly from Detroit, have negotiated this deal with the help of the MRC, MDCA, NPRA and the MCC. They are trying to sell you out to law enforcement. They know that once they are the only legal supplier that market will spike, people will go underground and law enforcement will be targeting every caregiver in the state. Growers will go to jail by the thousands feeding the police budget. The price of medical marijuana will increase temporarily allowing the dispensaries that sell out the caregivers to make windfall profits and reinvest in commercial cultivation.



You have two options:



1.) Call or write your lawmakers and tell them to add caregivers back into the program and don't charge them an 8% excise tax. Donate to the Cannabis

Stakeholders Group (CSG) and participate in meetings that will help protect you. If you have any questions about CSG check out the website: www.cannabisstakeholdersgroup.org

2.) Establish a commercial grow. Review the pending legislations and position yourself to get one of those commercial cultivation licenses.

I think this is the best grow tip for Michigan growers right now. Good luck!

HOURS: M-TH 10-9 | FRI-SAT 10-10 | SUN 10-4 WE T

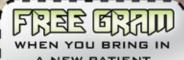
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VGIP UPDATE: The Medical Marijuana Facilities Act

by Ben Horner



The Michigan Medical Marijuana Facilities Act is being considered in the Senate this month. The bills tied to the bills include regulations for medibles, concentrates, secured transport, taxes, and commercial seed to sale

growing. The caregivers have been written out of the bills. Leader of MI Legalize Chuck Ream had this to say:

"Here are some requirements in the new Michigan dispensary laws which would be unlikely to be necessary under the Mi Legalize system of local regulation:

NEW POLICE AND REGULATORS – 34 new police officers are projected to be hired "for criminal enforcement activity related to medical marijuana". LARA needs 113 new bureaucrats for marijuana regulation.

TRACKING – With software bought from out-of-state companies, any cannabis business would have to track, "linked to unique identification numbers", all plants "from seed to sale", inventory, test results, transportation details, conversion records, production facility info., name of product, batch number, package number, sales (with all details), returns, waste disposal, recalls; and more.

Police are provided with real time access to all transactions and records, and can come into any marijuana business at any time, without any notice. Applicants for a medical marijuana business license must sign a paper to relinquish their rights.

SECURE TRANSPORT (would be funny – except it is true.) It is mandated that all cannabis and money be moved by armored cars or "secure transport", from grower to processor and from processor to retail...even seeds and cuttings. (Some lobbyist got a big bonus)

THE REGULATORY ASSESSMENT - Near the end of 4209 there is a "Regulatory Assessment" on marijuana businesses to pay for all the layers of enforcement – which can be as high as \$10,000 for a Class A grower (500 plants), or \$30,000 for a Class C grower (1500 plants)

UNWORKABLY EXPENSIVE- The HOUSE FISCAL OFFICE notes: "there is a possibility that the medical marijuana market envisioned under this bill would not bear the regulatory costs as estimated by LARA". The Fiscal Office says that the annual enforcement costs will be over \$21 million, and that we now have 96,408 registered Michigan patients. They compute that if all patients went to dispensaries for their medicine there would be a \$227 per patient annual cost for the necessary enforcement system. (However, most patients don't go to dispensaries...if a quarter of patients go to dispensaries the cost of enforcement could reach \$1000 per patient annually.)

MORE ARRESTS AND JAIL TIME - The Fiscal Office makes clear that the tracking law "House Bill 4827 adds new misdemeanors and civil infractions" and will increase costs related "to jails and local misdemeanor probation supervision".

IS THIS WHAT 63% OF MICHIGAN VOTERS WANTED?. OR WHAT WE WANT?, OR WHAT MICHIGAN VOTERS WANT RIGHT NOW? NO! IF WE GIVE VOTERS AN ALTERNATIVE WITH MI LEGALIZE THEY WILL CHOOSE IT!

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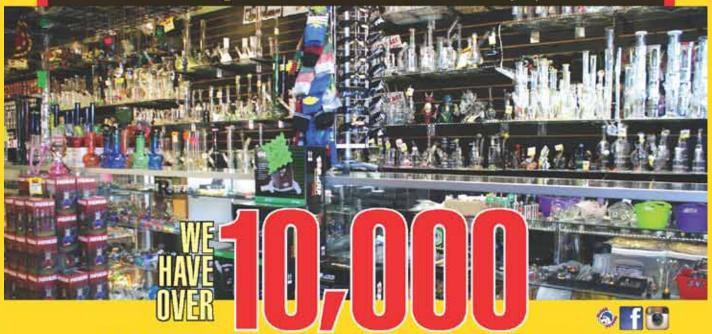
Party	Dist.	Member	Phone #	Fax #	Office Address
D	27	Ananich, Jim	517-373-0142	517-373-3938	S-105 Capitol Bldg
D	9	Bieda, Steven M	517-373-8360	517-373-9230	310 Farnum Bldg
R	35	Booher, Darwin L	517-373-1725	517-373-0741	720 Farnum Bldg
R	8	Bradenburgh, Jack	517-373-6760	517-373-5958	605 Farnum Bldg
R	38	Casperson, Tom	517-373-7840	517-373-3932	705 Farnum Bldg
R	7	Colbeck, Patrick	517-373-7350	517-373-9228	1020 Farnum Bldg
R	33	Emmons, Judy K	517-373-3760	517-373-8661	1005 Farnum Bldg
R	31	Green, Mike	517-373-1777	517-373-5871	805 Farnum Bldg
D	11	Gregory, Vincent	517-373-7888	517-373-2983	1015 Farnum Bldg
R	34	Hansen, Goeff	517-373-1635	517-373-3300	420 Farnum Bldg
D	23	Hertel Jr., Curtis	517-373-1734	517-373-5397	315 Farnum Bldg
R	29	Hildenbrand, Dave	517-373-1801	517-373-5801	S-324 Capitol Bldg
D	3	Hood III, Morris W	517-373-0990	517-373-5338	S-9 Capitol Bldg
D	6	Hopgood, Hoon-Yung	517-373-7800	517-373-9310	515 Farnum Bldg
R	32	Horn, Ken	517-373-1760	517-373-3487	1010 Farnum Bldg
R	22	Hune, Joe	517-373-2420	517-373-2764	505 Farnum Bldg
D	2	Johnson, Bert	517-373-7748	517-373-1387	220 Farnum Bldg
R	24	Jones, Rick	517-373-3447	517-373-5849	915 Farnum Bldg
D	5	Knezek, David	517-373-0994	517-373-5981	610 Farnum Bldg
R	13	Knollenberg, Marty	517-373-2523	517-373-5669	520 Farnum Bldg
R	15	Kowall, Mike	517-373-1758	517-373-0938	S-309 Capitol Bldg
R	28	MacGregor, Peter	517-373-0797	517-373-5236	715 Farnum Bldg
R	12	Marleau, Jim	517-373-2417	517-373-2694	S-2 Capitol Bldg
R	30	Meekhof, Arlan B	517-373-6920	517-373-2751	S-106 Capitol Bldg
R	19	Nofs, Mike	517-373-2426	517-373-2964	S-132 Capitol Bldg
R	20	O'Brien, Margaret	517-373-5100	517-373-5115	910 Farnum Bldg
R	25	Pavlov, Phil	517-373-7708	517-373-1450	905 Farnum Bldg
R	21	Proos, John	517-373-6960	517-373-0897	S-8 Capitol Bldg
R	14	Robertson, David B	517-373-1636	517-373-1453	305 Farnum Bldg
R	10	Rocca, Tory	517-373-7315	517-373-3126	205 Farnum Bldg
R	37	Schmidt, Wayne A	517-373-2413	517-373-5144	820 Farnum Bldg
R	26	Schuitmaker, Tonya	517-373-0793	517-373-5607	405 Farnum Bldg
R	16	Shirkey, Mike	517-373-5932	517-373-5944	320 Farnum Bldg
D	4	Smith, Virgil	517-373-7918	517-373-5227	510 Farnum Bldg
R	36	Stamas, Jim	517-373-7946	517-373-2678	920 Farnum Bldg
D	18	Warren, Rebekah	517-373-2406	517-373-5679	415 Farnum Bldg
D	1	Young II, Coleman	517-373-7346	517-373-9320	410 Farnum Bldg
R	17	Zorn, Dale	517-373-3543	517-373-0927	710 Farnum Bldg

Senators Arlan Meekhof, Goeff Hansen, Mike Kowall, Rick Jones, and Jim Ananich are the most influential over these bills, but they all could have a vote.

Please take the time call them ASAP and tell them how you feel.

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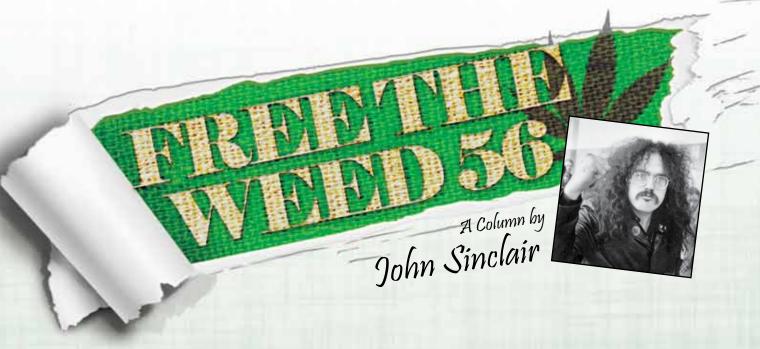
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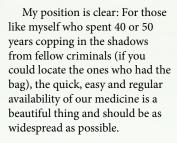






Hi everybody and highest greetings from the northeast sector of Detroit where I'm recovering from foot surgery with my daughters and granddaughter waiting on me hand and foot to keep me from going stir crazy while I sit here and heal.

While in Detroit for the past two months I've been delighted to read page after page of coverage in the daily papers of the proliferation of medical marijuana outlets in the city and several serious think pieces about the burgeoning of the cannabis industry and the imminence of legalization for recreational use as well.



There's nothing wrong with smoking weed. We should be able to smoke weed wherever we are—in our homes, in our cars, with our friends, in private and in public. There's nothing wrong with it. The

second-hand smoke is not toxic. It doesn't hurt anybody.

Marijuana is an herb, a simple weed that grows profusely when properly guided and tended. If you smoke it, the smoke will get you high when you take it inside. It won't get the person next to you high. Sometimes there's the "contact high" effect where the spectator derives a few giggles from the immediate atmosphere, but it's usually a pretty pleasant thing.

The alleged dangers of marijuana were entirely fabricated in the 1930s by law enforcement radicals led by Commissioner of Narcotics Harry Anslinger, who created a vast new field of endeavor for police forces, courts and prisons based on the outright lies and deliberate mistruths that were advanced in support of draconic legal strictures against marijuana use and distribution.

Everything they said about marijuana was untrue. It was all a bunch of lies made up in order to give law enforcement total control over marijuana and marijuana users. It was an unmitigated tissue of horseshit swallowed whole by lawmakers, law enforcers, courts,

prisons, churches, parents and authorities of every stripe. None of them wanted anyone to be able to get high on marijuana, and they committed every perverse deed they could think of in order to try to prevent the spread of the insidious weed.

Law enforcement bogarted its way into the world of marijuana and prevailed through brutality and sheer force of will until the past 20 years when citizens voted them out of power by legalizing medical marijuana and now recreational use through the ballot initiative process—the backbone of democracy.

The fact is clear that law enforcement has absolutely no business with marijuana and must be completely removed from the marijuana equation. What business is it of the police or state legislators to trace the growing and distribution of marijuana from seed to consumer? To maintain a state registry of marijuana patients and their caregivers? What business of theirs is where we get our marijuana?

With respect to the licensing and regulation of marijuana provisioning centers, it makes





sense that a dispensary should be required to have a business license like any other business and to pay sales tax and other taxes assessed on all retail businesses. On the other hand, sales of medical marijuana to marijuana patients should not be taxed at all unless sales of any type of medicine are similarly taxable.

As to where a dispensary may or may not be located, how many feet or yards from a church or school, what hours it may be or must not be open, whether or not there is a drive-in window—these issues don't have anything to do with the proper provisioning of marijuana. The number of available provisioning sites, their proximity to one another, their profusion or scarcity in a given neighborhood—none of these are legitimate concerns for the authorities.

My favorite bugaboo is the proscription against smoking weed on the premises of a dispensary. This is totally backwards. The Dutch model, which has worked well now for more than 40 years, allows weed and hash to be sold over the counter in amounts of five grams or less to anyone over 18. You buy the weed at the counter, take it to your table and smoke it using the delivery system of your choice. This may go on, depending on the whims of the proprietors with respect to working hours, from 7:00 am to 1:00 am, seven days a week.

The major imperfection in the Dutch scheme is that although cannabis sale and use is tolerated in the coffeeshops, weed is not legal per se. It remains illegal to grow, harvest, distribute and sell cannabis

products in bulk to the coffeeshops or any other sort of customers.

So the government must waste law enforcement resources on marijuana growers and distributors, waive the substantial tax revenues that would result from legalizing and taxing such activity, and content itself with accepting the tax filings of the coffeeshops which are, of course, prohibited from keeping accurate sales records because their principal form of sales activity is officially illegal.

What we need in Michigan is not a maze of state and municipal regulations limiting access to marijuana and subjecting smokers to undue scrutiny. We need free and clear access to marijuana without any more restrictions on its use and availability than on a cup of coffee. There's nothing wrong with it. It can be good for you. It doesn't hurt anyone. There's nothing wrong with smoking it.

I hate to be a spoilsport with respect to eliminating the police presence from the marijuana issue altogether, but it's time to wake up and smell the coffee, as they say. Why not eliminate the prospect of years of bitter litigation and struggle over the question of public access to marijuana and simply adopt a rational, socially efficient distribution system constructed to best serve the cannabis constituency?

I'm impressed by the proliferation of provisioning centers in the city of Detroit, but I miss the Dutch custom of relaxing at a table with your friends and a cup of

coffee and smoking a joint together after you cop. Presently you're guided to the counter, make your selection, pay, and split. This takes all the fun out of the transaction and reduces the experience to a fairly crass consumer episode.

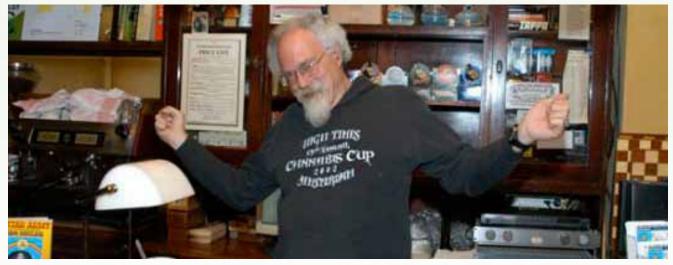
To me the very basis of the marijuana experience is getting high with your friends and sharing warmth and smoke in an intimate setting while listening to some good music of one's choice. I'll always be looking for a place where we can do this in Detroit and throughout Michigan.

I'm also a fervent believer in the caregiver system that was voted in by Michigan citizens several years ago. Grow it yourself if you want to, get someone to grow it for you if you wish, or cop at a provisioning center if that's how you want to roll. But forget about the much-vaunted liquor control model—marijuana is nothing like liquor, and the public has no similar interest in regulating its availability.

Okay, these views don't respect the popular wisdom but they're my beliefs and they're based on my own long experience as a marijuana smoker and they're based in the facts as known to millions of marijuana smokers in Michigan and around the world. End the War On Drugs once and for all. Free The Weed!

—Detroit October 20-22, 2015

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10th Michigan Medical Marijuana CONFERENCE in Review







by Ben Horner

This last installment of the our sponsored event, the 10th MMM Conference, was a success. Despite several challenges, we triumphed. The VIP party was off the chain, right on Main Street in downtown Ann Arbor. Attendees at the event expressed satisfaction, and some surprise hockey families showed us how far medical marijuana has come.

We need to give a huge thanks to Captain Kirk for teaching the cooking class as well as Jim from Organibliss, Mike from Cultivation Station, as well as all the other instructors. I personally taught a class on opening up dispensaries, and met so many beautiful people that want to get involved in the industry.

On day one, I was in a panic because our location for the super secret VIP party canceled last minute. Fortunately Steve Boone, our newest star at the MMM Report, stepped up and secured a humble art gallery right in the heart of downtown Ann Arbor. As with all of our event competitions, portions of all entrees are made available for everyone that is invited to the VIP party. Only vendors and contest participants are invited.

Harry from Peoples Choice, and the owners of Liv Well were the only Ann Arbor dispensaries involved this year. Multiple members of the Ann Arbor quild chose to boycott the event and MMM Report. All this seems to be because a few members like Mark from OM of Medicine on Main St., and Jamie Lowell from Third Coast in Ypsilanti are butt hurt about a silly political cartoon we published several months back. Listen guys, can't you take a joke?

How would you like it if we told people to boycott OM of medicine and Third Coast?

Anyway, thanks to all the vendors and people that attended. Our Next event is scheduled for Grand Rapid and the dates will be posted in the next issue. Congratulations to everyone that entered in the competition, even if you did not win a trophy. Finally, a special thanks goes to the guys at ACT Labs in Lansing that did all the testing for the event. This new testing company is hands down the most professional and compassionate lab in the state.

At the hotel, dozens of families were staying in town for their kids' travel hockey teams. Both the hotel and ourselves were concerned that the two groups might conflict. Thankfully, everyone got along and even some of the hockey parents paid to check the event out. The hotel was happy and so was I when they refunded my full deposit. The medicating tent outside really helped.

10th Michigan Medical Marijuana CONFERENCE

3rd Green Cup Competition Winners

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LightSky Farms



Valley Gash 22.97%

Leafdoctor1



New World Kush

23.49%

New World Seeds

Best Saffva



IDK Organic Limewreck 26.08%

Big Daddy's Organic Bud



Ghost Train 20.67%

Green Hornet



Strawberry Banana

24.59%

Hand Grown

Best Hybrid



Cookies 24.94%

Greenways



Fortune Cookies

27.07%

Bullet Proof Genetics



Holy Grail Kush

22.28%

Cloverland

Higherd



Chemtonic 18.64%

Daniel R. Johns

Concentrate



Startonic Live Resin 49.08%

Zombee Labs



By Breeze

80.71%

Eric Seidel



Deathstar

79.43%

Lightsky Farms

Rest Mediole



Cookies & Cream 120.29mg

Honey Pot Bakery



Hybrid Enjoy 91.23mg

Michael O'hart



Rasta Peanut Butter Cups

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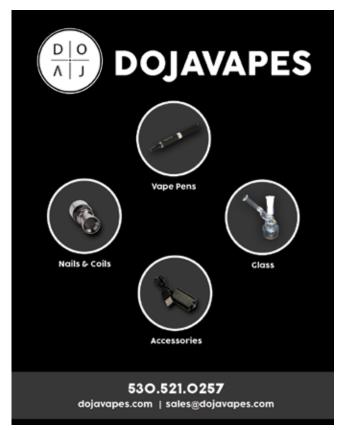
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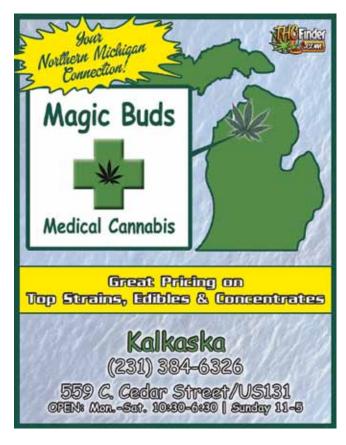
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Navigating the LEGALIZATION CROSSROADS

by Ben Horner

Will the State Take Over Medical Marijuana?



Tim Beck is well known in the cannabis community for his work with Michigan NORML, CPU, DPA and several other state and national pro-marijuana organizations. Tim led and helped pass

most of the initiatives throughout the state for both legalization as well as medical marijuana. Mr. Beck has recently taken a position with the Michigan Responsibility Council (MRC), which represents a push by a well-financed lobbying group to establish a large scale state monopoly on the cultivation and distribution of cannabis in Michigan. Senator Rick Jones chaired another

of a series of meetings on the various medical marijuana reform bills this month. Beck informed the community the following:

"Two of four scheduled testimonies were given before the meeting was cut short, when the Senators were abruptly called to session to possibly vote on the road bills. Senator Jones warned all attendees in advance that such a thing could happen and if it did, the testimonies will be heard another day.



First to testify was the NPRA, represented by Robin Schneider and Doug Mains, who proceeded to endorse the bills as written and approved by the House.

Ms. Schneider stated the bills "were vetted and greatly improved upon since

2014...we can do better with regulation."

Mr. Mains said "When the patient/ caregiver system works, it works great, but when it doesn't, patients are forced to go underground... we don't want the wild west...4209 strikes a balance...we don't want an unregulated system."

Next up was the "Michigan Cannabis Development Association" represented by William Rochon. According to Mr. Rochon, the MCDA represents some 40 canna businesses in Michigan, whose members "follow a code of ethics for people with doctors recommendations" and "provide a safe, welcoming environment for patients."

Mr. Rochon expressed his groups enthusiasm for "background checks, fingerprinting...and tough penalties" for 'bad actors" and other "irresponsible practitioners...who produce dangerous products." He went on to say "this is an opportunity to stop the chaos."

When the MCDA testimony was finished, Senator Jones called a halt to the meeting as the Committee had to immediately report to session for a possible vote. Scheduled testimony from "Helix TCS and the "Evergreen Management Group" was aborted and will occur at the next scheduled hearing.

As in the hearing on October 20th, Senator Jones was the only legislator who made any comment. He expressed his opinion at the end of Ms. Schneider's testimony that "landlords and property managers" would welcome legal cannabis ingestibles because many of them don't want smoking in their buildings."





This shift in stance from a caregiver based program under the leadership of Robin Schneider from the NPRA and Denise Pollicello from the MCDA has many patients and caregivers concerned.

Jamie Lowell from MI legalize and ASA stated, "The described testimony is disheartening. Robin Schneider and the NPRA have also been working hard and she had this to say to the Detroit Free Press:

"If I had to guess, I'd say there's between 80 and 100," Schneider said. Dispensaries safeguard society as well as medicalpot users, she said, because instead of relying on street-corner dealers or trying haphazardly to grow their own cannabis, medicalmarijuana users can visit a normal-looking retail shop.

The President of the NPRA has explained to the press that he hopes to shutter unscrupulous dispensaries so that places like his, Natures Alternatives, don't have to be worried about being raided.

MILEGALIZE

To Legalize or Not To Legalize

MI legalize, the grassroots campaign to legalize all forms of cannabis, hopes that the pause in signature gathering indicates that the competing ballot campaign from Michigan Cannabis Coalition (MCC) has lost its momentum.



Matt Marsden, from the MCC denies that their campaign is in trouble and says the campaign is taking a "pause" to study the 210,000 voters who have already signed the MCC's petition. They need 252,523 valid voter

signatures to get on the ballot.

This group is largely funded by RevSix Data Systems, which has chosen not to disclose the campaigns funding.

Marsden told the Detroit News, "We're trying to reshape how ballot proposals are done. We have the ability and the time to take a break, study this and put it in a file so down the road we won't have to spend as much money on campaigning and polling."

"Our pause is a strategic pause," Marsden said. He insists that they have plenty of time to make the ballot.

MI Legalize claims to be on pace to make the ballot as well, although they too

are hiding their numbers. Finances are not hidden in the fashion the MCC's are, but they have not indicated how many signatures have been collected.

According to several members of the board they are scrambling to raise as much money as possible through a series of fund-raisers, but are just shy of what they need to finish the signature portion of the campaign. A possible strategy to change the start of the campaign to a month after they original start date, has been floating around. If Mi legalize is to do so, the strategy may extend the opportunity to collect signatures through December and part of January. Most experts agree that this would be a sign of desperation. This strategy may prove complicated legally as well as other stated challenges in the bills language that could impede the question from making the ballot in the 2016 Presidential election.

For the record this publication has donated to the MI Legalize campaign.



The yendiel! NOT GUILTY.

by Citizen Jay

You know what? I'm tired of waiting. I'm tired of waiting to see if the Federal Government is going to legalize cannabis (we know they will eventually). I'm tired of waiting to see if there will be more scientific studies done about the positive effects of cannabis. I'm tired of waiting for my chosen candidate to wholeheartedly endorse the freedom of states to continue with their own cannabis legalization efforts. I'm tired of waiting to see if "experiments" like the ones in Alaska, California, Colorado, Oregon, Washington, and D.C. have been a success.

Well, I say the wait is over. There I've done it. I've called it. It's done. Caput. Over. No more "wait and see" necessary. We're past that now.

The state's "experiments" ARE a success. No reason to wait any longer to see that. All the figures are in and they're all good. Even when the prohibitionists try to fix the numbers so they look bad they can't. Because the numbers ARE good. The sky has not fallen. It's been a few years now since Colorado has had medical cannabis available in good measure. Fifteen years to be exact. Let that sink in... FIFTEEN years of medical cannabis in Colorado. And that's full on regulated cannabis—



not that free-for-all they've had in California since 1996. Well, at least until very recently (thanks Governor Brown!).

In each of the medical states, the people wanted it. They voted for it. They implemented it. And now they're enjoying the benefits of it. And this phenomenon is and has been happening to various degrees across the country. And it's picking up steam.

I declare that Medical Cannabis has had its day! It has been implemented in almost half of these United States. And where it's been implemented the benefits are clear. My favorite benefit? How about the decrease in suicides in every state with a medical cannabis program. This is especially salient for our vets. Another favorite benefit—decreased opiate deaths.

While others are holding fast to the "wait-and-see" approach, those with the intrepid fortitude to forge ahead are experiencing new markets, new ways of feeling better, and more solid communities. But in spite of all the empirical evidence mounting in favor of

cannabis legalization there is still such a strong hold-out opposition. Why is this? I think it is fear. But what drives this fear?

Most people expediently point to the stance of the Federal Government. In those states that have medical and adult 21+ cannabis markets there are numerous issues that have proved difficult to resolve due to the stance of the Federal Government. Simplest example is the whole banking issue. No cannabis business or any cannabis related organization has been able to use a mainstream bank. Oh, there are a few that have managed to fix their way into the system by being clever; but eventually they get caught and thrown out. Companies are constantly having to set up new accounts and move their operations from one bank to another as the true nature of their businesses are found out. It's like an absurd shell game. Where no one's the winner.

It's not that the banks don't want that phat cannabis money. It's not that the states have set up road blocks to make it hard for banks to work with cannabis companies. Quite the opposite, some states have gone so far as to pass legislation approving the banking-cannabis relationship. Even Congress

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has passed legislation stating it is okay for banks to work with the cannabis industry. The Marijuana Businesses Access to Banking Act of 2015 "provides a safe harbor for depository institutions providing financial services to a marijuana-related legitimate business insofar as it prohibits a federal banking regulator from: (1) terminating or limiting the deposit or share insurance of a depository institution solely because it provides financial services to a marijuana-related legitimate business; or (2) prohibiting, penalizing, or otherwise discouraging a depository institution from offering such services."

But to this day there is still no cannabis bank because the folks at the Federal Reserve refuse to allow any cannabis banking venture. They won't do it as long as cannabis remains a Schedule I drug by DEA standards. As far as I can tell it's not a legal thing. It's merely their preference. They reside in Kansas. That says enough right there... What else can I say? We have a large government and sometimes one part doesn't always agree with the other;

nonetheless even know what the other is doing or saying. Left hand meet right hand...it's a story all too familiar in our politic

What's lacking is leadership. And that has got to come from above. In this case "above" means the entire Federal Government. It's fantastic that the presidential candidates are talking about cannabis legalization. Absolutely brilliant! But just listen to what most of them are saying...they want to "waitand-see." I say that's a cop out. We've already waited. We've already seen. As long as our leaders refuse to lead on the issue of cannabis legalization our cause will only progress so far. Our current president has refused to move on the matter other than to utter some conciliatory remarks on occasion. I'm sure Mr. Obama has his good reasons. It will definitely be easier for the next president. But even that is not enough. The entire Federal Government has to get on board from policy makers to the enforcers who knock heads around as a result of those policies.

For the last 78 years our Federal Government has been held hostage to an idea whose vitriolic beginnings have prejudiced the very course of our nation's administration. That's a long time. A long time for the rule of fear. A long time for the rule of hatred and prejudice. A long time to be accused of being "other," of being "criminal." Time enough for corruption. Time enough for deception. For 78 years cannabis and those who chose to use it have been indicted of crimes most heinous... The verdict? Not guilty. The time for waiting is over.









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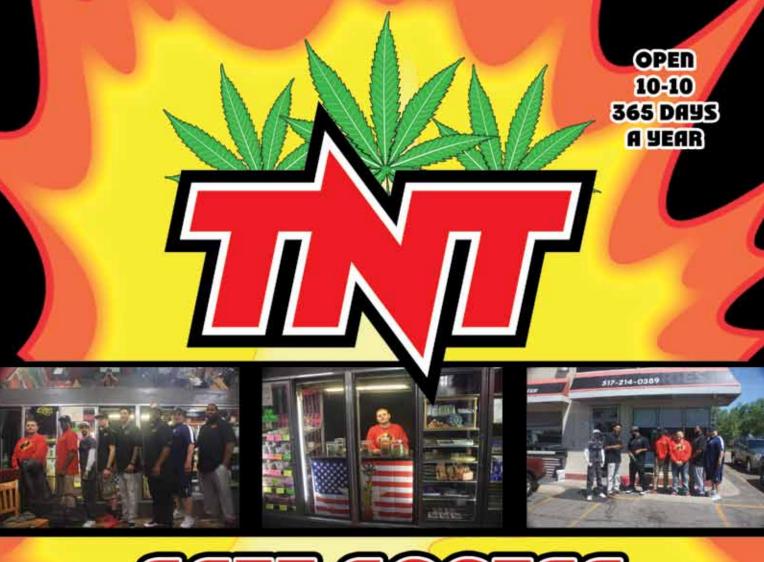


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Bitter Herbs

by Rebecca Veenstra

Why would anyone choose to eat bitter herbs? Even if they were good for you wouldn't you want to make them taste better?

Not necessarily.... sometimes a spoonful of sugar just ruins the medicine. Probably you have heard of Agnostura bitters? Perhaps you have

seen the odd little brown bottle with the illfitting paper label on the shelf at the grocery store and wondered what the heck it was...

Anyone who has mixed cocktails has likely put a dash of the strange concoction into the shaker before. Maybe you remember your Grandma or Grandpa telling you it would settle your tummy--or perhaps a friend offered it as a sure fire cure for a hang over.

The practice of using bitters had mostly receded to folklore for quite some time here in the United States until recently. New small batch recipe companies and exclusive trendy stores are starting to carry bitters and extole their virtues as though they'd thought of it themselves.

The truth is though, that we have used bitters for literally thousands of years. Some records indicate that the Ancient Egyptians may have concocted bitters in jugs of wine. Now days, people turn their noses up at bitter flavors for the most part. In the days of hunting and gathering we had little choice but to consume bitter foods and greens. Our ancestors considered these wild bitter tasting plants critical to their health. Many of the diseases our modern culture suffers from like indigestion and gastric reflux to metabolic disorders ranging from elevated cholesterol to type 2 diabetes-seem to all point back to the deficiency of bitterness in our diets, (1) and the lack of the protection and tone it imparts to our digestion and metabolic functions. Our palates became more refined as we became more civilized and we found ourselves appreciating salts and more bland foods. So, consequently, bitter herbs became less common but ironically, more necessary.

Once people managed to get the hang of distillation -- recipes for bitters became quite commonplace. Many of the snake oil peddlers of the olden days were selling bitters of one recipe or another. Incidentally, many of those bottles are worth a small fortune now. One of the first bitters to ever be bottled and sold in mass was Agnostura bitters. The recipe was first compounded as a cure for sea sickness by a German physician Dr. Johann Gottlieb Benjamin Siegert in 1824. Dr. Siegert named his concoction after the town of Agnostura in Venezuela where he formed the House of Agnostura. (2)

The basic concept is a mixture of herbs that tastes bitter. The actual taste is the absolute most important aspect of the recipe. Bitter herbs are thought to stimulate digestive function by increasing saliva production and promoting both stomach acid and digestive enzyme production (3) which leads to improved appetite and digestion. As a result, they are particularly used when there is low stomach acid but not in heartburn (where too much stomach acid could initially exacerbate the situation).

These herbs literally taste bitter. The theraputic action of the preparation is hugely reliant on the patient experiencing the bitter taste. If the taste is masked, the neurological physiological response will not result in the theraputic stimulation of the digestive system and appetite. (4) In plain English that means that to try and make bitters more palatable by adding sweetener or flavors would completely negate the medicinal effect. How odd right?

Our tongues have zones on them that allow us to taste different flavors. There are many theories about what effects these flavor zones have on our physiology. For example, many Traditional Chinese medicine texts suggest that sour tastes drain the liver. This would be potentially beneficial to people with congested livers. Likewise, it is theorized that when people ingest bitter tasting things the saliva is stimulated which affects the stomach to product digestive enzymes which prepares the digestive system for the process of breaking down foods.

This could potentially benefit a person with slow digestion or low appetite. The more prepared the body is for food the better it is able to break it down efficiently. Proper absorption is completely dependent on the body's ability to extract the nutrients from the food in the first place.

The other potential benefit to using bitters theraputically is related to the family that such herbs occupy in the scheme of things. Herbalists catagorize herbs into groups based on their "properties" or actions in the body. Bitter herbs would be called "tonic" herbs. Tonic is from the Greek word meaning "to tone".

Tonic herbs help to strengthen and cleanse the body. Thus, building vitality. They in essence, tone the body. It is worth noting that using tonic herbs is really something that would be avoided during types of acute illness or injury. The body must have energy to strengthen and during times of duress a tonic would add stress.



Some people would say that refering to a tonic as a "bitter tonic" would be redundant --tonic herbs are by nature bitter. They come in two main subcatagories, cardiac tonics and stomach tonics. A tonic gives tone to the muscular fibers. Influencing primarliy the digestive system.

Bitters are generally taken either by mixing 1–3 ml tincture into water, soda water, or at times gin or vodka and sipping slowly 10–30 minutes before eating, or by making tea, which is also sipped slowly before eating. This is where the practice of having cocktails before dinner originated. People would mix a dash of bitters to a beverage and sip it for a while before a meal was served. By the same token, this is why some fancier restaurants still offer bitter salads like endive and arugula before the meal is served.

Some herbs that have bitter/tonic properties are dandelion, chamomile, golden seal, milk thistle, blessed thistle, wormwood, and yarrow. Greens with bitter/tonic properties are endive and chicory, coriander has been included in this list in some texts I've read. There are many creative ways you could incorporate bitter herbs into your diet and recipes. Keeping in mind the general theory of practice that they should be ingested prior to eating and not with dessert.

Cannabis leaves are not included in the texts available for study at present but if you have ever nibbled on a pot leaf you might have noticed its a bit bitter. In my completely organic garden I have seldom tasted a leaf I would call sweet. My point being that in theory Cannabis leaves could satisfy the bitter element in some recipes. Not to forget, Cannabis is a pretty well established appetite stimulant in its own right. So, there is reason to believe that combining bitters and Cannabis could potentially have very beneficial effects.

For example, maybe you make a nice little salad before supper with some cannabis leaf and arugula tossed in a bit of vinegar dressing or lemon juice and olive oil. Just trim and wash the leaves like a normal salad leaf and cut it to your liking. Coriander leaves or cilantro leaf is known for its ability to draw heavy metals from the system as well. So, that might be worth noting for future salad making as well.

Rabbit food is not your thing? No worries, there are other ways you can incorporate bitters into your lifestyle. Of course the option for tea always exists. This is the most simple way to make a single serving size. The best part is every time you can customize the recipe to your immediate liking that day. Just

be sure to keep the honey and sugar on the shelf

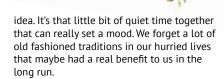
Not much for tea? Don't do salads?
Feeling left out? The last and final option is one that anyone can utilize. Historically many types of liquor have been used to create bitters recipes. Essentially all you need is some liquor and bitter herbs. Ideally, this liquor is unsweetened and of substantial proof. The best choices would be already bitter substances like vodka or gin. Don't worry about getting drunk on the alcohol. The amount you will ingest is very small. Few people can tolerate large servings of bitters. Most serving sizes would call for a few ml or a dash.

The way you would prepare your bitters would be to use a recipe of known amounts and herbs or, if you are adventurous research and create your own personal concoction. The gist is that you soak the herbs in the liquor for a prescribed period of time and then strain them out saving the herb infused liquor in a dry sealed container, preferably a dark colored clean glass bottle. Perhaps you can make the latest and greatest new bitter and take advantage of the current trend in the market.

The way you would serve this is to put a small amount in soda water, plain water, or a cocktail. It would be very unpalatable straight up and miniscule amounts are needed to achieve a medicinal effect.

As I mentioned earlier, Cannabis has certain likely potential as a bitter herb. So, if you decide to make a cannabis tincure, or Green Dragon -- (For anyone uninitiated, Green Dragon is the common name for Cannabis tincturated in alcohol, Everclear has the highest proof but any clear alcohol will work with DRY plant matter. If you choose to use wet plant matter you need a much higher proof alcohol to account for the moisture in the wet plant.)-- maybe you save a little bit of your cannabis tincture aside and add some dried dandelion leaf or some other bitter herb you have researched and measured. I say, measure because a little goes a long long long way when it comes to bitter herbs. Gentian root can be detected in mixtures at ratios of 1:20.000. Let the Cannabis tincture sit and soak with the bitter herbs for a few weeks. Then, this tincture would be strained just like the above non-Cannabis recipe. The serving suggestions would be the same as well. Just a dash in a non sweetened beverage a little while before eating.

I think the idea of sitting together and having a little something like tea or salad, or a little bitter cocktail before a meal is a nice



Often, indigestion is because our bodies are forced to eat at times when it's convenient and not necessarily the best time for our digestive systems. If some one throws a lot of work on your desk when you aren't prepared I bet you don't drop everything to deal with it. Our stomachs are the same way. They need a little bit of warning before we can expect them to work efficiently.

If you take a few minutes to prepare your body for it's next meal you might find that you have a little more energy, maybe a few less aches and pains, maybe less indigestion. This holiday season maybe give bitters a try and see if you don't fare better with the parties and feasts. Maybe mix up a few bottles of your own special recipe to share with friends and family.

Whether your interest in bitter herbs is medicinal, creative, or culinary, remember that all herbs should be used properly to obtain the best results. Before you decide to use an alternative medicine approach such as herbal treatments and remedies, it's wise to consult with your healthcare professional as some herbs can interact with prescription medicines or be toxic if used improperly.

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Rebecca Veenstra is a Chartered Herbalist and founder of New World Seeds in Traverse City, MI

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CALLTHEFAMILY

by Adam Brook

I am no Paul Lynde. However, being the center square is important. You are asked to play more and you will be part of a winning team more often than not. Bring me something I can support (or pay me) and I'm there 100%.

Movement is how I described the cohesiveness of who we are and what we did as pot activists. Times have changed. Things are moving in a mostly positive direction.

However the movement is splintered. People, organizations, even politicians won't support each other because they have different objectives. We need to become more like a family and less like a movement. You don't have to love each other, but at least respect each other as you would family.

Most of us are only blessed with one family. I have have been part of a few, some by marriage, some by choice like The Rainbow Family of Living Light, The High Times Freedom Fighters or Rainbow Farm. You know when your amongst family. I guess that's why the sign at the entrance of a gathering says HOME.

A little over a year ago I was told I HAD to check out Dab Warz. I had heard about it but had no clue what it was, but anything with Dab and Warz is worth a shot. When I got there I was introduced to Big Jay...It's his place, but only in name. He immediately had me take a photo with





him and his nephew, come to find out I was introduced as a pot celebrity.....Then he took me inside with these words "Welcome to The OMS DAB HOUSE family"... WOW!!! Within seconds I knew I had found a new home, with a group of #newagehippies as Jay calls them on his IG account. These are people who come from all walks of life. Are from all religions. Come in every color people come in.

Even shapes and sizes (dude name Tree, no nametag required). They ALL have one thing in common: MARIJUANA. Some drive from the west side of the state and some from the Upper Pensinula. You will find the BEST of the BEST at all levels when it comes to flowers, medibles and dabs at The Dab House.. (hell I spent years not drinking the Kool-aid, but I met the Kool-aid man and it was a wrap).. These are people who like to trade practices and help each other to improve. While the venue is called The OMS Dab House the competition Jay holds is called DETROIT DAB WARZ...... You may have heard of it..... I know that DETROIT DAB WARZ has a persona all of its own, even larger than reality. Yes, there is a competition (they try to do it monthly), but it's about recognition of the best, not ego.

The Dab House is a social club. It's open Monday and Thursday nights 7-11 (winter hours), for what is by far the top "farmers market" in the state. The competition is two part. There is a semi final where anyone can enter their concentrate. The entries are tested by PSI Labs and a week later judges packs are judged at DAB WARZ. The winner of the semi final gets a nice glass rig in a case and the option to challenge the champion. Currently, Loyalty Extracts is the belt holder. Being the current belt holder has many privileges at The Dab House...entry fees covered, prime vending location, and an actual championship belt. The belt is passed from champ to champ. There are regularly special events as Jay has brought rappers, celebrities and some of the best extraction artists in the country to the Dab House.

The Dab House is a Family. While it may be Jay's place, people look out for each other and help each other. When a Dab House members' husband passed away, the following Monday a collection was taken up to help with expenses. There is a Doctor in to see patients on Sundays and Jay regularly sponsors veterans to get their card. He makes the Dab House available for rent to members. I could get into detail about what goes on there, but the only way to really get a feel is to stop in and take a dab. I have a permanent space at the bar. When you get there ask for me. I'll show you around, but be warned, as Jay says NO WINDOW SHOPPING.

Check out @omsdabhouse on Instagram.

Shout Out to ALEX HINSON – last months contest winner. Bobby Taylor was the correct answer. She won herself a LIFE IS SHORT DAB HARD t-shirt and a sticker pack....

This might be a little harder.....(btw-you try coming up with a question, and then see how easlity google gets you the answer...)

This months question: Why would a pot activist know the #18699? Text your answer to 313-999-0329.

Questions, Comments or Complaints hit me up.....

Peace, Adam L. Brook

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by Daniel L. Price, Esq.

Ever wonder why it is that when people want to take your freedom they always use that four letter word, FEAR? I have heard them all in my life:

If you don't pass the millage, the children will suffer; if we don't raise taxes, your fires won't be put out, your homes won't be protected by police, and of course, your roads won't get fixed.

Well, in the context of marijuana it's the same old song and dance. Fear the high people driving on the road! Fear the drug addicts will be stoned at work! Fear the neighborhoods will lose property values due to pot houses! Also, the oldie but goodie, Fear the children will get drugs more easily! I mean, isn't using children to get anything pretty sad, and pretty old? The most interesting thing is that the fear is real, but not what we are told. The real fear is of those who desire to control the behavior of others. That fear is simply that freedom might break out everywhere, and they will lose control over others.

Let's look at this from a logical point of view. Every time government actors state that some substance or behavior will "harm the children", or be a threat to "public safety" or will not be in the "public good" it is an attempt to gin up fear in the people so they will vote their own freedoms away. Happened during prohibition, and that is only one tiny example. Isn't it interesting though that the regulation of a behavior or substance is to allow that behavior or substance?

The only difference is that so long as it is regulated or banned, government actors can earn money, with no effort at producing, for the maintenance of their own life. Isn't the decision whether or not to regulate or ban something really the issue of how much money government actors will take from us? After all, there is a multi-billion dollar tax industry of alcohol, and a multi-billion dollar industry of banning marijuana. The following is a tiny example of the insanity that results when the control of our own lives is taken from us:

POINT 1: Alcohol and tobacco are harmful to children and adults. These are highly addictive, cause the break-up of families, and are known to destroy the brain and other organs of the body. Alcohol is also the main cause behind a good number of highway deaths and property destruction. Yet, these substances are legal and highly regulated, and most importantly, highly TAXED! Yet, even though none of these alleged harms apply to marijuana it remains illegal. That's right, the substances that are harmful to not only children, but adults as well, and pose a threat to the safety of others are ok, so long as government actors can reap financial gains.

In other words, so long as they can live off our fears for their own financial gain, it does not seem to matter what harm something might cause. So why is marijuana illegal again?

POINT 2: Neither alcohol and tobacco, nor marijuana is harmful to the public safety, or the public good. The fact is, it is not the use of the substance that is harmful; it's the abuse of substances that cause harm. In other words, it is human behavior that is a threat to us. Not only this, but time and again I've read government supported studies that indicate marijuana is actually not harmful. Even more, in spite of decades of misinformation and propaganda by government actors, marijuana is extremely helpful and is a natural medicine for hundreds of physical and mental conditions. So tell me again, why is marijuana illegal?



POINT 3: Regulating human behavior will not prevent human behaviors; it will only make those who desire to live off others while robbing them of their freedom wealthy, under the justification of fear. That is, only so long as we allow it. So tell me once more, why is marijuana still illegal?

As to the issue of marijuana versus alcohol and tobacco, or anything else for that matter, if you do not like it - do not do it, period. Asserting our right to freedom can only be done by voting for freedom, and not by voting to deny freedoms. Speaking of voting for freedom, think about the following question: When was the last time you heard a politician say he/she would fight for your freedom? Interesting question and the answer is even more interesting.

No, legalizing marijuana will not bring harm to children. Like alcohol, swords, guns, poison and radioactive materials, it is not the substance, but the parents' decisions that may or may not harm the children. Freedom does not harm children. The real harm brought to our children is when we vote to take their freedom from them so government actors can gain financially.

Till next month, by all means, keep rolling on.

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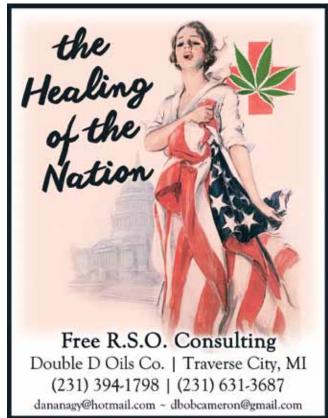
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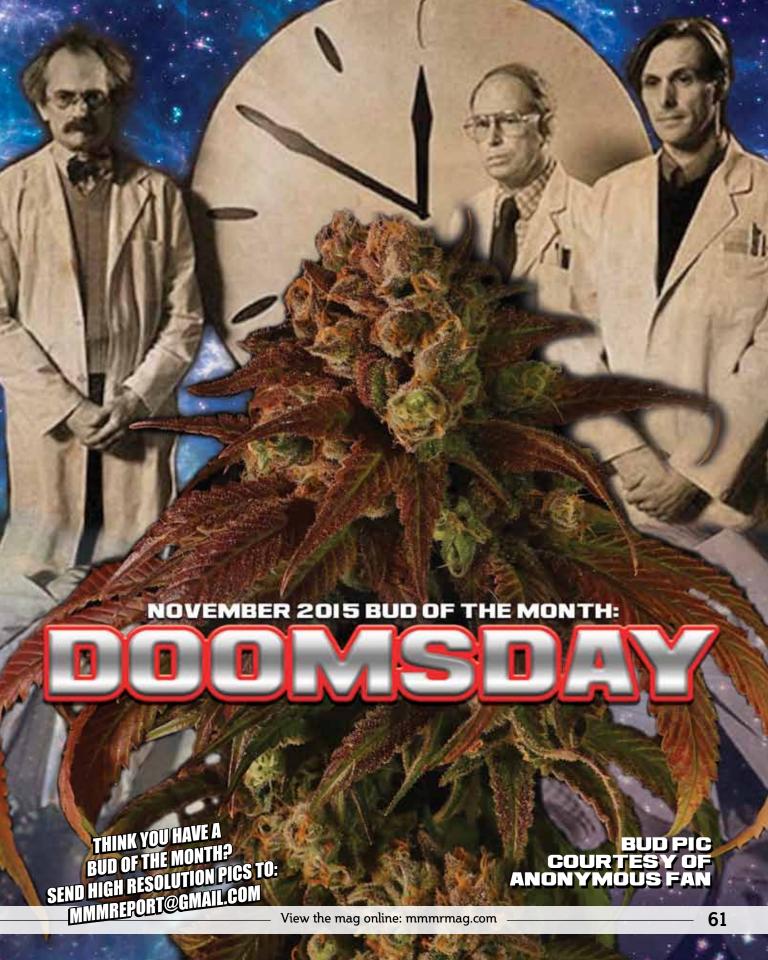












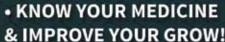


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MMM Report Feature Artist:

Cilitaviolet Tippopofamus

by Hemptress Jolene

If you know me and my love for Michigan Music, then you have heard me mention one of my favorite bands of all time, Ultraviolet Hippopotamus, for hippo-pod-am-i. When I think of the word stumble, I think of them... for stumble upon them I did. I didn't meet the hippo crew because they played an awesome set, (they did play an awesome set, but that came later) I met them because I blocked them from unloading at a small festival. Yup that's right. Picture this:

It's a small festival, a few hundred of us, getting together on an early June's weekend down on Grant's farm back when he was playing with this band this other great Michigan Band. The loading area for the festival is the musicians and me, the only vendor. So, I pull up in between bands and start unloading my stuff, putting up the tent so on and so forth. It takes me a minute, it is just me and there is a lot of work to do. And working was just what I was doing when suddenly I hear, "Ma'am, um could you move your car?"

"Huh.. Oh yeah that, the only way that is moving is when I am done unloading, you can watch or you can help, one way it is getting done quicker and one way it is gonna take longer... When I am done I am smoking this, you can join if you help, but that is how it's happenin."

My entitled ass didn't know it yet, but I was talking to the next band, Ultraviolet Hippopotamus and their bassist, the one and only Brian Samuels. What happened next was the beginning of an epic night and what has become an epic friendship. Brian looked at the rest of the guys and he and Joey P dug right in, and the rest of the band was quick to follow. It was as they unloaded my car that I realized they were the



next act. As we smoked the reward I promised, I apologized for being so pushy and told them how excited I was for the chance to hear something new.

And something new they were....
HIPPO, what is HIPPO? HIPPO is more
than just music or Musik or majik.....
HIPPO is a state of mind.... Ultraviolet
Hippopotamus is a mystical creature of
jam musik capable of infecting those
of us intent on pursuing the jamiest of
jam.... that is what I found that night,
only back then HIPPO was an infant
on the edge, a toddler toddling toward
a goal.... but they were good. I love
HIPPO. And that night I joined Camp
Hippopotamus, for better or for worse.

That is what it truly has been! I am a die hard Hippo FAN. Drive to TC for Hippo.... why not? GR for HIPPO, DUH? KZOO for Hippo... who's in? 3 day Indiana Hippo Excursion, 9 hours away and I am there. I love Hippo and you would too. Do you like a well oiled jam machine? That is what Hippo has become. I have heard Joey and Brian blend together so well, not even a computer could do drums and bass that, and then you throw Dave Sanders in there. It is true he's boss of the keys, for he has rocked out so many hard solos and brought us the Zelda

theme. Russel's guitar rocks it home and Hippopotamus wouldn't be hippo without their hand drummer Casey Butts.

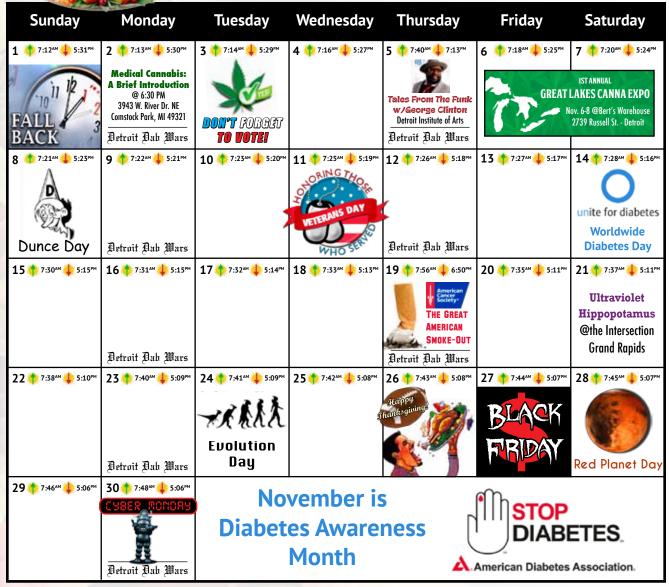
I remember shows in the beginning that were just two of us, die hard HIPPO lovers.... AHHH, found memories of Short's and their parking lot. Ultraviolet Hippopotamus truly offers the music lover something special, they jam hard and rage on no matter the rain, the sleet, the shit storm.....they will rock and they do or at least did, until they went on hiatus.... Hippo took a break?!

No shows... NO HIPPO!

But there is a rumble in the jungle Michigan. A rumor in the mist. Hippo is back and better than ever. Back from Hibernation they will be available for jammy sightings at the Intersection Live in Grand Rapids with the Big Dudee Ru this November 21, 2015. It is gonna be hot. I recommend missing it not.

Hippo has been and always will be to me Brian Samuels, Joey P, Russell Olmstead, Dave Sanders, Casey Butts, Sam Guidry, Nate Karnes and a few more. To learn more about this mystical creature of jam please check out their website at uvhippomusic.com.

November 2015 EVENTS



Sunds and sunser times shown for Landing Middigan. Times for other areas may vary.

If you know of an event that should be featured on the MMMR aport calendar page, let us know immune port @gmalkom

Jokes





Of course we would welcome you and your white friends over for dinner. What do you think, We're racist?!





A lady was picking through the frozen turkeys at the grocery store, but couldn't find one big enough for her family. She asked the stock boy, "Do these turkeys get any bigger?" The stock boy answered, "No ma'am, they're dead."

OF OF DEEP 2015

B

CAPRICORN

(Dec 22 - Jan 20)

Your frequent outbursts are starting to lose meaning. Keep calm, pick your battles, and learn to forgive. Your reputation is at stake.

W

AQUARIUS (Jan 21 - Feb 18)

Face it, you're not an eccentric; you are just an oddball. Your strange habits are starting to make people uncomfortable. Always keep in mind that you only get one chance at a first impression.

H

PISCES

(Feb 19 - Mar 20) Not all criticism should be

considered negative. Learn from your mistakes, or you will be doomed to repeat them.

m

ARIES

(Mar 21 - April 19)

A recent change in your career has given you encouragement, but never forget where you came from.

Overconfidence will be your downfall if you aren't careful.

8

AURUS

(Apr 20 - May 20)

Your obsession with material possessions might cost you a friendship. Try to see the big picture next time you start to feel selfish.

П

GEMINI

(May 21 - Apr 19)

Your fear of loneliness has caused you to compromise your standards. A quiet weekend now and then doesn't hurt. Fair-weather friends can do more harm than you may think.

6

CANCER

(Jun 21 - July 22)

Your parents taught you not to talk to strangers, but you are taking it to an extreme. If you don't come out of your shell soon, you will miss a valuable opportunity.

ည

LEO

(July 23 - Aug 23)

You have been blinded by your sense of entitlement. If you keep criticizing those who offer assistance, you will find out what it truly means to be helpless.

M

VIRGO

(Aug 24 - Sep 22)

Accept your limitations and don't be afraid to ask for help - you will become more effective if you work on communication skills.

Ω

LIBRA

(Sep 23 - Oct 22)

It is not your job to right every wrong in the world. Learn to understand that justice is not always immediate.

Trust Karma.

M

SCORPIO

(Oct 23 - Nov 22)

Do not become obsessed with jealousy and suspicion. Keep a cool head, and try to put yourself in others' shoes.

X

SAGITTARIUS

(Nov 23 - Dec 21)

Be careful not to lose your sense of wonder. Just because a story seems improbable, learn the facts before casting judgment. Remember: the truth is often stranger than fiction.

MMM Report Directory

SAFE TRANSFER POINTS

223 Boutique & Compassion Center

223 E. State St, Traverse City (231) 421-9505

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809 S. Garfield Ave, Traverse City (231) 421-1670

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Cannaisseur

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Clio Caregiver Connection

105 N. Mill St. Clio (810) 513-7350

Double D Oils Company

(231) 394-1798 (231) 631-3687

Emerald City Provision Center

11999 Cleveland St. #A, Nunica (616) 837-0517

Got Meds

3405 S. Cedar St., Lansing (517) 253-7468

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Green Diesel

4040 Dolen Dr., Flint Mt. Morris Twp. (810) 785-0306

Green Rock Cafe

3408 S. Dort Hwy., Flint (810) 742-0003

Greenways

4566 S. M-30, Beaverton (989) 387-9507

Hardcore Harvest

119 W. State St, Montrose (810) 639-0051

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Hemphill Wellness Center

3365 Associate Drive, Burton (810) 820-3812

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Michigan Safe Transfer

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13600 E. 8 Mile Rd. #A, Detroit (313) 939-2735

The AuSable Compassion Club

3481 Park Rd. (M-72), Luzerne (989) 745-2759

The Cure

3845 W. 8 Mile Rd., Detroit

The Green Bean

1625 W. Atherton Rd, Flint (810) 232-4400

The Green Bean East

406 Center Rd., Flint (810) 407-7472

The Green Room

18495 Mack Ave, Detroit (313) 423-6892

The Herbal Center

1327 E. Frances Rd. Mt. Morris (810) 208-MEDS

1825 E. Michigan Ave., Lansing (517) 214-0389

True Greenz Compassion Club

1487 S. M-30, Gladwin (989) 426-2656

Western MI Alt. Med. Solutions

113 Union St., Battle Creek (269) 339-3622

DELIVERY

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(517) 993-5336

Natural Relief Health Center

by Cannabis naturalreliefhealthcenter.com (586) 344-3914

CERTIFICATIONS

Center for Compassion LLC

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Grand Rapids Alternative Care

4582 W River Dr NE Comstock Park (616) 214-8944

Helping Hands Emporium

4100 Cedar St., Lansing (517) 993-5336

Marijuanadoctors.com

1(800) 991-0473

Michigan Wellness Center

3095 S. Dye, Flint Township (810) 820-8555

MOS Doctor Certifications

3553 S. Dort, Flint (810) 820-8953

TNT MMMP Resource Center

1825 E. Michigan Ave., Lansing (517) 214-0389

PROFESSIONAL SERVICES

Howell, MI (517) 258-1424

Cannabis Tax Advisors

Daniel L. Price

liberty13legaldefense.com (734) 945-1535

Joe's Plumbing Services

(248) 635-4263

Leaf Doctor

leafdoctor1@gmail.com

On Target Tax & Bookkeeping

3492 S. Saginaw St., Burton (810) 743-7250

Tax Wizard

3139 N. M-30, Sanford (989) 971-0115

To list your business in the directory call: 810-820-8953 or email: mmmreport@gmail.com

GARDENING STORES

Barson's Greenhouse

6414 N. Merriman Rd., Westland

(734) 421-5959

Clio Cultivation

12196 N. Saginaw Rd, Clio (810) 686-4769

Cultivation Station

www.cultivationstation.com

Downriver Hydro

1910 West Rd., Trenton

(734) 301-3745

Fenton Hydroponics & Garden Center 495 Fenway Drive, Fenton

(810) 714-1719

Forever Green Growing Supplies

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Greens Indoor Garden Supply

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Green Grow, LLC 9046 N Dort Hwy, Mt Morris

(810) 687-9500

Green Thumb Hydro

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Greenway Gardens

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Urban Garden Supply

4516 Pasadena Ave., Flint (810) 733-0420

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Blue in the Face

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Blue in the Face

1361/2 E. Front St., Traverse City (231) 231-933-6151

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Dabs & Dildos

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(603) 769-3450 www.grow-better.com

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27738 Gratiot Ave., Roseville (586) 445-8010

Smoker's Alley

14156 E. 12 Mile Rd., Warren (586) 774-6801

Weed Cigarette

info@weedcigarette@gmail.com

MISC.

ACT Laboratories

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cannabisstakeholdersgroup.com 1(888) 420-1017

Detroit Nutrient Company

www.detroitnutrientcompany.com

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